



APPROACHING THE THRONE OF GOD WITH CONFIDENCE

By Elder Jörg Klebingat

By applying the Atonement of Jesus Christ, you can begin increasing your spiritual confidence today if you are willing to listen and act.

1. **Take Responsibility for you own spiritual well-being.** Stop blaming others or your circumstances. Spiritual confidence increases when you take responsibility for your own spiritual well-being by applying the Atonement of Jesus Christ daily.
2. **Take responsibility for your own physical well-being.** “Our spirit and our body are combined in such a way that our body becomes an instrument of our mind and the foundation of our character.” Spiritual confidence increases when your spirit, with the help of the Savior, is truly in charge of your natural man or woman.
3. **Embrace voluntary, whole-hearted obedience as part of your life.** You cannot love God without also loving His commandments. Choosing something bad over something worse is still choosing wrong. Spiritual confidence increases when you are truly striving, for the right reasons, to live a consecrated life in spite of your imperfections.
4. **Become really, really good at repenting thoroughly and quickly.** Apply the Atonement of Jesus Christ generously 24/7, for it never runs out. Spiritual confidence increases when you voluntarily and joyfully repent of sins, both small and great, in real time by applying the Atonement of Jesus Christ.
5. **Become really, really good at forgiving. Forgive everyone, everything, all the time.** Don’t hold grudges, don’t be easily offended. Spiritual confidence increases when you know that the Lord knows that you bear no ill feelings toward another soul.
6. **Accept trials, setbacks, and “surprises” as part of your mortal experience.** Remember that you are here to be proved and tested, “to see if [you] will do all things whatsoever the Lord [your] God shall command [you].” Millions are being tested right now. Why would you be exempt? Some trials come through your own disobedience or negligence. Spiritual confidence increases when you accept that “often trials and tribulations are allowed to come into [your life] because of what [you] are doing right.

Acknowledge and face your weaknesses but don’t be immobilized by them, because some of them will be your companions until you depart this earth life. The very moment you voluntarily choose honest, joyful, daily repentance by striving to simply do and be your very best, the Savior’s Atonement envelops and follows you as it were, wherever you go. Living in this manner, you can truly, “always retain a remission of your sins” every hour of every day, every second of every minute, and thus be fully clean and acceptable before God all the time.